**Cycle Somerset Ride Leaders Meeting**

**Taunton Quakers Meeting House, Bath Place, Taunton**

**Wednesday 1st February 2023**

Attending: Richard Sykes, Sue Brooks, Arthur Hulls, Audrey Allerston, Paul Harper, Paul Ewings, Jonathan Sladden, Charles Smythe, Dilys Millard, Graham Farrington, Jill Amos, Martin Atton, Tony Honeybun, Peter Hanratty, Chris Gill, Sue Pawson, Nigel Quick, Geoff Hamilton, Ian Bright, Joanne O’Hagan, Paula Corke, Trish Kenward, Mandy Harper, Peter Williams

Apologies: Nick Rose, Collette Adams, Hazel Bryant, Dave Cooke, Phillipa Archer

**Introduction and Welcome by Chairman – Richard Sykes**

Areas of improvement by Ride Leaders and Members

Distractions - Daniel Cox, Road Safety Office for Avon and Somerset Police quoted that ‘*the majority of incidents occur from cyclists being distracted by nattering and banter, causing a lack of concentration and resulting in bad judgement’*

Improvement at junctions – members need to leave sufficient room for vehicles to overtake, turn in/out etc. Do NOT stop on junctions, corners – keep them clear for road users.

Key performance indicator for Ride Leaders to aim for in 2023 – for every 4th ride they go on, they could lead 1 of them

New Cycle Ride Templates

The objective of the new template is NOT about people cycling faster it is to introduce a method so that members can find a ‘match’ to suit their cycling/fitness abilities.

Height gain and Pace MUST be included by all Ride Leaders for the Cycling UK Group Insurance to be valid.

All Members must be encouraged to read the information i.e. height gain/speed, prior to booking their place on the ride to avoid last minute cancellations, leaving spaces unfilled.

**Website Information – Paul Ewings**

Completion of new templates – Ride Leaders please direct any questions by email directly to Paul E/Richard

New ideas for website – please email directly to Paul E

**Health & Safety – Sue Brooks**

Cycling UK Insurance

All Cycle Somerset Ride Leaders registered with Cycling UK – this is updated annually. Please let Sue know of any name changes, adding/removal of Ride Leader position.

When leading a Cycle Somerset ride the Ride Leader is covered by the Cycling UK Group Insurance only when the ride has been officially posted and is visual on our Club website.

It is recommended that Cycle Somerset Members take out their own personal Cycling UK insurance. You will need the Club Affiliation number 8001867 to benefit from any Cycling UK discount.

The information can be found on the Cycle Somerset website

* Menu
* Membership Information
* Insurance recommendation

Ride Leaders Preparation

**Please familiarise yourself with all the Ride Leader information available on website.**

Make sure ALL cyclists on your ride have registered their details i.e. name/telephone number/Emergency contact and telephone number. If a Cycle Somerset member joins your ride then obtain their details before you restart the ride.

Incident Report form – download the form from the Cycle Somerset website and take on every ride. Don’t forget your pen.

All accidents that have taken place on a Club Ride and the member is injured must be reported by email to the Club Secretary (Sue Brooks). Date, location, details of incident, members involved. If serious please complete Incident Report Form.

**Future Support and Next Meeting – Richard Sykes**

Ride Leaders Courses – Chris Gill/Sue Brooks to explore opportunities available from Cycling UK and British Cycling

Future Monthly Meeting presentation – Road Safety by Graham Farrington – details to be confirmed.

**FUTURE DATE FOR THE DIARY – Wednesday 1st March 2023 – March Monthly Meeting**

**Please note the new start time of 7.30pm.**

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Sue B will be sending out an email Invitation to all 2023 Members to attend a ‘workshop’ with ‘live’ route planning presented by Jonathan Sladden.